

Affiliated to -  
**FISAF International**  
 Federation of International  
 Sports Aerobics & Fitness



**devashish**  
 foundation

To,

\_\_\_\_\_

\_\_\_\_\_

Date – July 4, 2018

Subject – **Invitation for 1<sup>st</sup> Invitational National Sports Aerobics & Fitness Championship 2018 and 3<sup>rd</sup> International Sports Aerobics & Fitness Training Camp 2018.**

Respected Sir/Madam,

Let me introduce our organization, Devashish Foundation is the Specialized Member of Sports Aerobics & Fitness at FISAF International (Federation of International Sports Aerobics & Fitness) working under the banner of FISAF INDIA. Devashish Foundation - FISAF INDIA is a National Governing Body for Development, Promotion and Regulation of Sports Aerobics & Fitness Competition/Activities in INDIA.

It is our great pleasure to inform you that Devashish Foundation – FISAF INDIA is organizing 1<sup>st</sup> Invitational National Sports Aerobics & Fitness Championship 2018 on August 24<sup>th</sup> and 3<sup>rd</sup> International Sports Aerobics & Fitness Training Camp 2018 from 15<sup>th</sup> to 23<sup>rd</sup> August 2018.

Mr. Judicael Lesmann (FRA) -- World Champion for 2016 & 2017, European Champion for 2015, 2017 & 2018 (FISAF International) Would be coaching - 3<sup>rd</sup> International Sports Aerobics & Fitness Training Camp 2018 & will Judge 1<sup>st</sup> Invitational National Sports Aerobics & Fitness Championship 2018 as a Head Judge.

Rules for this competition will be as per FISAF INDIA – Technical Regulations. Last date of registration is July 31, 2018. All forms are available on website ([www.fisafindia.com](http://www.fisafindia.com)). For more Details please contact us.

Looking forward for your wholehearted and enthusiastic participation.  
 Thanking You.

Kind Regards,

Mr. Pranav Gandhi  
 Secretary at Devashish Foundation – FISAF INDIA  
 Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
 Contact - +91 9028531240



Affiliated to -  
**FISAF International**  
 Federation of International  
 Sports Aerobics & Fitness



**devashish**  
 foundation

## REGISTRATION

All schools/clubs/academies are supposed to submit Team Entry form, Category/Event Form and Liability Form with scanned photo and copy of Identity Proof (Aadhaar Card/ Passport/ Birth certificate) for all athletes before 25<sup>th</sup> July 2018.

All forms are available on website [www.fisafindia.com](http://www.fisafindia.com) under Events Details Tab.

By E-mail – [fisafindia@gmail.com](mailto:fisafindia@gmail.com)

## TECHNICAL REGULATION

Competition and International Training would be conducted as per FISAF INDIA – Technical Regulation 2018 according to specific categories.

All Technical Regulation are available on website – [www.fisafindia.com](http://www.fisafindia.com).

## SCHEDULE

Reporting for 3<sup>rd</sup> International Sports Aerobics & Fitness Training Camp 2018 – **14<sup>th</sup> August 2018 at 4 pm.**

3<sup>rd</sup> International Sports Aerobics & Fitness Training Camp 2018 -**15<sup>th</sup> to 23<sup>rd</sup> August 2018.**

Reporting for 1<sup>st</sup> Invitational National Sports Aerobics & Fitness Championship 2018 – **23<sup>rd</sup> August 2018 at 4 pm.**

1<sup>st</sup> Invitational National Sports Aerobics & Fitness Championship 2018 - **24<sup>th</sup> August 2018 at 9 am.**

Kind Regards,

Mr. Pranav Gandhi  
 Secretary at Devashish Foundation – FISAF INDIA  
 Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
 Contact - +91 9028531240



Affiliated to -  
**FISAF International**  
 Federation of International  
 Sports Aerobics & Fitness



**devashish**  
 foundation

## EVENTS

### NOVICE SPORTS AEROBICS CATEGORY

Events	Senior	Junior	Cadet	Mini	Tiny
<b>Individual Men</b>	√	√	√	√	√
<b>Individual Women</b>	√	√	√	√	√
<b>Duos</b>	√	√	√	√	√
<b>Trios</b>	√	√	√	√	√

### SPORTS AEROBICS CATEGORY

Events	Senior	Junior	Cadet
<b>Individual Men</b>	√	√	√
<b>Individual Women</b>	√	√	√
<b>Duos</b>	√	√	√
<b>Trios</b>	√	√	√

Kind Regards,

Mr. Pranav Gandhi  
 Secretary at Devashish Foundation – FISAF INDIA  
 Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
 Contact - +91 9028531240



Affiliated to -  
**FISAF International**  
 Federation of International  
 Sports Aerobics & Fitness



**devashish**  
 foundation

### FITNESS AEROBICS

Events	Senior	Junior	Cadet	Mini	Tiny
<b>Grande Team (6/7 members)</b>	√	√	√	√	√
<b>Performance Team (5 members)</b>	√	√	√	√	√
<b>Step Teams (5/7 members)</b>	√	√	√	√	

### AGE REQUIREMENTS

#### SPORTS AEROBICS

Age Division	Born in year	Age of competitor during 2018	Category
<b>Senior</b>	<b>2001 or earlier</b>	<b>17 years or older</b>	<b>Sports Aerobics &amp; Novice Sports Aerobics</b>
<b>Junior</b>	<b>2004, 2003, 2002</b>	<b>14, 15, 16 years.</b>	<b>Sports Aerobics &amp; Novice Sports Aerobics</b>
<b>Cadet</b>	<b>2007, 2006, 2005</b>	<b>11, 12, 13 years.</b>	<b>Sports Aerobics &amp; Novice Sports Aerobics</b>
<b>Mini</b>	<b>2010, 2009, 2008</b>	<b>8, 9, 10 years.</b>	<b>Novice Sports Aerobics</b>

Kind Regards,

Mr. Pranav Gandhi  
 Secretary at Devashish Foundation – FISAF INDIA  
 Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
 Contact - +91 9028531240



Affiliated to -  
**FISAF International**  
 Federation of International  
 Sports Aerobics & Fitness



**devashish**  
 foundation

<b>Tiny</b>	<b>2014, 2013, 2012, 2011</b>	<b>7 years &amp; below.</b>	<b>Novice Sports Aerobics</b>
-------------	-------------------------------	-----------------------------	-------------------------------

- Individuals; must be in the stated age range, no exception.
- Duos; One member can be one year younger than the stated age range.
- Trios; Two members can be one year younger than the stated age range.
- Younger athletes may only move up one age category to compete. An athlete cannot move down an age group.

#### FITNESS AEROBICS

Age Division	Age of competitor during 2018	Competition Division
<b>Senior</b>	<b>17 years or older (2001 or earlier)</b>	<b>Performance Aerobic Team Grande Aerobic Team Step Team</b>
	Note to Performance Aerobic Adult Division: One member can be 15 or 16 years of age Note to Grande Aerobic and Step Adult Division: For a team of 5 or 6, one member can be 15 or 16 years of age. For a team of 7, two members can be 15 or 16 years of age.	
<b>Junior</b>	<b>14, 15, 16 years. (2004, 2003, 2002)</b>	<b>Performance Aerobic Team Grande Aerobic Team Step Team</b>
	Note to Performance Aerobic Junior Division: One member can be 12, 13 or 17 years of age. Note to Grande Aerobic and Step Junior Division: For a team of 5 or 6, one member can be 12, 13 or 17 years of age.	

Kind Regards,

Mr. Pranav Gandhi  
 Secretary at Devashish Foundation – FISAF INDIA  
 Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
 Contact - +91 9028531240



Affiliated to -  
**FISAF International**  
 Federation of International  
 Sports Aerobics & Fitness



**devashish**  
 foundation

	For a team of 7, two members can be 12, 13 or 17 years of age	
<b>Cadet</b>	<b>11, 12, 13 years.</b> (2007, 2006, 2005)	<b>Performance Aerobic Team</b> <b>Grande Aerobic Team</b> <b>Step Team</b>
	<p>Note to Performance Aerobic Cadet Division:          One member can be 9, 10 or 14 years of age.          Note to Grande Aerobic and Step Junior Division:          For a team of 5 or 6, one member can be 9, 10 or 14 years of age.          For a team of 7, two members can be 9, 10 or 14 years of age</p>	
<b>Mini</b>	<b>8, 9, 10 years.</b> (2010, 2009, 2008)	<b>Performance Aerobic Team</b> <b>Grande Aerobic Team</b> <b>Step Team</b>
	<p>Note to Performance Aerobic Mini Division:          One member can be 6, 7 or 11 years of age.          Note to Grande Aerobic and Step Junior Division:          For a team of 5 or 6, one member can be 6, 7 or 11 years of age.          For a team of 7, two members can be 6, 7 or 11 years of age</p>	
<b>Tiny</b>	<b>4, 5, 6, 7 years.</b> (2014, 2013, 2012, 2011)	<b>Performance Aerobic Team</b> <b>Grande Aerobic Team</b>
	<p>Note to Performance Aerobic Tiny Division and :          One member can be 8 years of age.          Note to Grande Aerobic          For a team of 5 or 6, one member can be 8 years of age.          For a team of 7, two members can be 8 years of age</p>	

Kind Regards,

Mr. Pranav Gandhi  
 Secretary at Devashish Foundation – FISAF INDIA  
 Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
 Contact - +91 9028531240



Affiliated to -  
**FISAF International**  
Federation of International  
Sports Aerobics & Fitness



**devashish**  
foundation

---

### ACCOMMODATION, MEALS & TRAVELLING

All are requested to make own arrangements for Accommodation, Meals with the help of Organizing Committee for International Training Camp and as well as Competition.

**-Thank You-**

Kind Regards,

Mr. Pranav Gandhi  
Secretary at Devashish Foundation – FISAF INDIA  
Email – [pranavgandhi17@gmail.com](mailto:pranavgandhi17@gmail.com) / [fisafindia@gmail.com](mailto:fisafindia@gmail.com) .  
Contact - +91 9028531240

