



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

Category – Senior (17 Years & Above)

School/Club/State: _____

Representative / Coach _____ Contact _____

Competition Discipline		Name	D.O.B	Gender	
Sports Aerobics	Individual Male: 01	1-			
	Individual Female:01	2-			
	Mix pair/ Duos :02 (Mix Or Same Gender)	1-			
		2-			
	Trios: 03 (Mix Or Same Gender)	1-			
		2-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

FITNESS AEROBICS				
Grande Team (Team of 6 or 7 members) (Mix Or Same Gender)	1-			
	2-			
	3-			
	4-			
	5-			
	6-			
	7-			
Performance Team (Team of 5 members)	1-			
	2-			
	3-			
	4-			
	5-			
Step Team (Team of 5 or 7 members)	1-			
	2-			
	3-			
	4-			
	5-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

Category – JUNIOR (14, 15 & 16 years)

School/Club/State: _____

Representative / Coach _____ Contact _____

Competition Discipline		Name	D.O.B	Gender	
Sports Aerobics	Individual Male: 01	1-			
	Individual Female:01	2-			
	Mix pair/ Duos :02 (Mix Or Same Gender)	1-			
		2-			
	Trios: 03 (Mix Or Same Gender)	1-			
		2-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

FITNESS AEROBICS				
Grande Team (Team of 6 or 7 members) (Mix Or Same Gender)	1-			
	2-			
	3-			
	4-			
	5-			
	6-			
	7-			
Performance Team (Team of 5 members)	1-			
	2-			
	3-			
	4-			
	5-			
Step Team (Team of 5 or 7 members)	1-			
	2-			
	3-			
	4-			
	5-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

Category – CADET (11, 12 & 13 Years)

School/Club/State: _____

Representative / Coach _____ Contact _____

Competition Discipline		Name	D.O.B	Gender	
Sports Aerobics	Individual Male: 01	1-			
	Individual Female:01	2-			
	Mix pair/ Duos :02 (Mix Or Same Gender)	1-			
		2-			
	Trios: 03 (Mix Or Same Gender)	1-			
		2-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

FITNESS AEROBICS				
Grande Team (Team of 6 or 7 members) (Mix Or Same Gender)	1-			
	2-			
	3-			
	4-			
	5-			
	6-			
	7-			
Performance Team (Team of 5 members)	1-			
	2-			
	3-			
	4-			
	5-			
Step Team (Team of 5 or 7 members)	1-			
	2-			
	3-			
	4-			
	5-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

Category – MINI (8, 9 & 10 Years)

School/Club/State: _____

Representative / Coach _____ Contact _____

Competition Discipline		Name	D.O.B	Gender	
Sports Aerobics	Individual Male: 01	1-			
	Individual Female:01	2-			
	Mix pair/ Duos :02 (Mix Or Same Gender)	1-			
		2-			
	Trios: 03 (Mix Or Same Gender)	1-			
		2-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

FITNESS AEROBICS				
Grande Team (Team of 6 or 7 members) (Mix Or Same Gender)	1-			
	2-			
	3-			
	4-			
	5-			
	6-			
	7-			
Performance Team (Team of 5 members)	1-			
	2-			
	3-			
	4-			
	5-			
Step Team (Team of 5 or 7 members)	1-			
	2-			
	3-			
	4-			
	5-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

Category – TINY (7 Years & below)

School/Club/State: _____

Representative / Coach _____ Contact _____

Competition Discipline		Name	D.O.B	Gender	
Sports Aerobics	Individual Male: 01	1-			
	Individual Female:01	2-			
	Mix pair/ Duos :02 (Mix Or Same Gender)	1-			
		2-			
	Trios: 03 (Mix Or Same Gender)	1-			
		2-			

Signature Of Coach/ Representative



1st INVITATIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018

FITNESS AEROBICS				
Grande Team (Team of 6 or 7 members) (Mix Or Same Gender)	1-			
	2-			
	3-			
	4-			
	5-			
	6-			
	7-			
Performance Team (Team of 5 members)	1-			
	2-			
	3-			
	4-			
	5-			

Signature Of Coach/ Representative