

Affiliated to -  
**FISAF International**  
Federation of International  
Sports Aerobics & Fitness



**devashish**  
foundation

## **1<sup>st</sup> INVITAIONAL NATIONAL SPORTS AEROBICS & FITNESS CHAMPIONSHIP 2018**

### **SCHEDULE**

24<sup>th</sup> August 2018 – Friday

- 8:00 am to 8:30 am – DELEGATIONS ARRIVE AT COMPETITION VENUE.
- 8:30 am to 9.00 am – FLOOR & MUSIC TESTING.
- 9.00 am to 09:30 am – OPENING CEREMONY.
- 10:15 am to 1:00 pm - COMPETITION STARTS
- FITNESS AEROBICS (ALL CATEGORIES)
- PERFORMANCE TEAM
  - GRANDE TEAM
- SPORTS AEROBICS (ALL CATEGORIES)
- TRIOS
  - DUOS
  - INDIVIDUAL MEN
  - INDIVIDUAL WOMEN
- INTERNATIONAL STREAM
- 1:00 pm to 1:30 pm - LUNCH BREAK
- 1:30 pm to 3:00 pm - AWARD & CLOSING CERMONY

**Thank You**